

# Senior GAZETTE

Fall 2015

by Lynda Ashley, Director, Amherst Township Senior Service Office (ATSSO)

## Home-Delivered Meal Program

ATSSO provides home-delivered meals for those over 60 and disabled adults over 18, with a cost that is adjusted to your income.

This nutritious, hot lunch program includes your choice of an entrée, soup & sandwich, or soup & salad. A “soup only” option is also available as a choice.

If you would like to receive a home-delivered meal, please contact the Senior Service Office at **988-5894, ext. 101**.

## LORAIN COUNTY SENIOR LIVING FAIR

The 10<sup>th</sup> annual Senior Living Fair will be held in conjunction with the Lorain County JVS Community Appreciation Day on Saturday, October 10, 2015 from 10 am to 3 pm.

A wide variety of organizations will be providing information, services, and demonstrations with a special emphasis on healthy senior living. There will be a free lunch and door prizes for senior citizens 60 years of age and older.

The Lorain County General Health District will be offering Flu Shots from 10 am to 3 pm.

This fun filled event will have a variety of activities for everyone in the family.

Lorain County JVS is located at 15181 St. Rt. 58 in Oberlin.

**ATSSO OFFICE HOURS:  
8:00 A.M. – NOON (M-F)**

**Phone: 988-5894 – Ext. 101**

Email: [amhersttwpseniors@oh.rr.com](mailto:amhersttwpseniors@oh.rr.com)

## MEDICARE OPEN ENROLLMENT

Open enrollment occurs once every year from **October 15<sup>th</sup>** through **December 7<sup>th</sup>**. During this time, Medicare recipients have the opportunity to compare their current plan with plans being offered for the new year in order to decide which plan would be the most cost effective and beneficial. If your medications are covered this year, it doesn't mean the same coverage is available next year. It is very important to compare what you have with what is available next year, even if you have no intention of changing plans.

In September, Medicare Advantage Plans and Part D will send you an Annual Notice of Change. This notice will explain any changes happening to your plan and benefits in 2016.

If you receive help paying for your Medicare through the “Low Income Subsidy Program”, you may receive information from Social Security or Medicare asking for income verification or alerting you of changes.

Plan comparisons are offered free of charge to Amherst Township residents who have Medicare. Please call the Amherst Township Senior Service Office to schedule an appointment. It is **VERY** important to compare plans each year.

## MEDICARE CHECK-UP DAYS

Ohio Senior Health Insurance Information Program (**OSHIIP**) holds "Check-Up Days" in every county to update Medicare recipients of changes coming for the next year. The days scheduled for Lorain County are as follows:

### Avon Senior Center

36786 Detroit Road (Avon, Ohio)

**October 6<sup>th</sup>**, beginning at 1:00 pm

**November 19<sup>th</sup>**, beginning at 10:00 am

(by appointment only, please call 934-2417)

### Lorain Community Senior Center

3361 Garfield Blvd (Lorain, Ohio)

**November 10<sup>th</sup>**, beginning at 10:00 am

(by appointment only, please call 288-4040)

## COMMUNITY SENIORS

### "LUNCH BUNCH"

Free lunch for seniors 60+ will be held on October 13<sup>th</sup> and November 10<sup>th</sup> from Noon until 1:30 pm.

A speaker will be at each meeting to provide information to seniors on topics related to seniors.

The luncheon is located at:

### **Cornerstone UMC**

2949 W. River Road, N., Elyria  
(440) 324-1202



## 2015 Lorain County Flu Shot Locator



The Lorain County General Health District's Seasonal Flu Shot Clinics for 2015 are being held during October and November. For Amherst Township residents, the closest clinic will be held on **Saturday, October 24<sup>th</sup>**, at **Marion L. Steele High School** from **10:00 am to 2:00 pm**.

The LCGHD Flu Shot Clinics will accept most private insurances, Medicare, and Medicaid. Without insurance, the cost is \$25 per regular dose or \$41 per high dose (recommended for ages 65+).

For a complete list of details and other locations and times, please visit the Lorain County General Health District's website at:

[www.loraincountyhealth.com](http://www.loraincountyhealth.com)

To get more flu information by phone, contact the Flu Hotline at:

**440-329-7926**

For other locations and opportunities to get your flu shot there is an interactive "2015 Flu Shot Locator" that will help to find a clinic or pharmacy convenient for you. The Flu Shot Locator can be found by visiting the following website at:

[www.LorainCountyFlu.com](http://www.LorainCountyFlu.com)

