

Senior GAZETTE

Fall 2014

by Lynda Ashley, Director, Amherst Township Senior Service Office (ATSSO)

MEDICARE CORNER

Open enrollment begins on October 15th and runs through December 7th. During this time you can do comparison shopping for Part D plans and/or join or switch Medicare Advantage (MA) plans.

The annual disenrollment period for Advantage plans is January 1st through February 14th. During this time you may leave a "MA" plan and return to Original Medicare and also select a Part D plan if you wish. Coverage will begin the first of the month after you switch.

Each year Ohio Senior Health Insurance Information Program (OSHIIP) schedules "Check-Up Days" in every county to update Medicare recipients of changes coming for the next year. The "Check-Up Days" scheduled for Lorain County are as follows:

Friday, September 26th at 2 pm

Wesleyan Meadows Comm. Center
5400 Meadow Court
Sheffield Village, Ohio
Presentation only

RSVP to **440-934-9400** – Extension 2

Thursday, October 30th at 9 am

North Ridgeville Senior Center
7327 Avon Belden Rd.
North Ridgeville, Ohio
Counseling by appt.

440-353-0856

Tuesday, November 18th at 10 am

Neighborhood Alliance
Senior Enrichment Services of Oberlin
90 E. College
Oberlin, Ohio
Counseling by appt.
440-775-1504

ATSSO OFFICE HOURS:

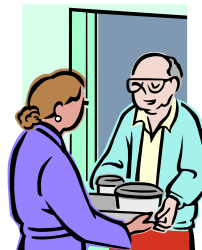
8:00 A.M. – NOON (M-F)

Phone: 988-5894 – Ext. 101

Email: amhersttwpseniors@oh.rr.com

Home-Delivered Meal Program

ATSSO provides home-delivered meals for those over 60 and disabled adults over 18, with a cost that is adjusted to your income. This nutritious, hot lunch program includes your choice of an entrée, soup & sandwich, or soup & salad. A "soup only" option is also available as a choice. If you would like to receive a home-delivered meal, please contact the Senior Service Office at **988-5894, ext. 101**.



VOLUNTEER NEEDED

ATSSO is in need of volunteer drivers to deliver meals from 10:30 - 12:00 noon. We have a vacancy on Thursdays for the months of January to April.

We are also in need of substitute drivers year round, delivering one to three times a month. Mileage is reimbursed.

Please consider volunteering, you can do as much or as little as you would like. Call the Senior Service Office if you would like to help.

NEED ASSISTANCE WITH HEATING BILLS?

With the cooler weather approaching, it is time to start planning for higher heating costs. Lorain County Office on Aging offers assistance applying for the Home Energy Assistance Program (HEAP) to eligible adults who are disabled or 60+ and who live in Lorain County. HEAP assistance is offered from September through April.

Eligibility is based on income. For more information or to see if you are eligible to receive Home Energy Assistance to help pay your utility bills, call LCOOA at **(440) 326-4800**.

SENIOR LIVING FAIR

The 9th annual Senior Living Fair will be held in conjunction with the Lorain County JVS Community Appreciation Day on Saturday, **October 4, 2014** from 10 am – 3 pm.

A wide variety of organizations will be providing information, services, and demonstrations with a special emphasis on healthy senior living. There will be free lunch and door prizes for senior citizens 60 years of age and older.

This is a fun filled event with a variety of activities for everyone in the family.

The Lorain County JVS is located at 15181 St. Rt. 58 in Oberlin.



2014 Lorain County Flu Shot Locator



The Lorain County General Health District's Seasonal Flu Shot Clinics for 2014 are scheduled for September 25th and 30th, and October 4th and 7th. For Amherst Township residents, the closest clinic will be held on **Saturday, September 25th, at Marion L. Steele High School from 2:00 pm to 6:00 pm.**

The LCGHD Flu Shot Clinics will accept most private insurances, Medicare, and Medicaid. No one will be turned away for inability to pay.

For a complete list of details and other locations and times, please visit the Lorain County General Health District's website at:

www.loraincountyhealth.com

To get more flu information by phone, contact the Flu Hotline at:

440-329-7926

For other locations and opportunities to get your flu shot there is an interactive "2014 Flu Shot Locator" that will help to find a clinic or pharmacy convenient for you. The Flu Shot Locator can be found by visiting the following website at:

www.LorainCountyFlu.com

